








Be confident in your care

Request a Virtual Second Opinion

It's normal to have questions and concerns when you're told you have a serious illness or need surgery. That's why your Anthem health plan offers a Virtual Second Opinion.

With a Virtual Second Opinion, you can:

-  Connect with a leading specialist for your health issue.
-  Learn more about your condition.
-  Receive answers to your questions.
-  Confirm your diagnosis is correct.
-  Explore treatment options to make the best decision for you.*

Let's get started

To schedule a Virtual Second Opinion, call My Medical Ally at 888-361-3944, Monday through Friday, 8:00 a.m. to 8:00 p.m. CT.



* The treatment plan recommended by your specialist may not be covered under your benefit plan.

My Medical Ally, an independent company, provides the Virtual Second Opinion program on behalf of Anthem Blue Cross and Blue Shield.

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